



Beachwood Plastic Surgery & Medical Spa  
3609 Park East Drive, Suite 206  
Beachwood, OH 44122  
**(216)514-8899**

Westlake Plastic Surgery & Medical Spa  
226 Crocker Park Blvd., Suite 380  
Westlake, OH 44145  
**(440)871-8899**

## What to expect-Laser Hair Removal

### Before Treatment:

1. Please shave the desired treatment area the evening before your scheduled laser treatment.
2. Be sure to avoid natural tanning, self-tanners, and tanning beds prior to treatment.  
**\*\*We are unable to treat tanned skin\*\***
3. Please refrain from waxing, tweezing and bleaching of hairs for at least 4 weeks.
4. If you have a history of herpes (Cold Sores) you may need to start antiviral medications prior to your treatment, inquire during your laser consult.

### After Treatment:

1. There may be redness and/or swelling to the treated area, this may last for up to a one day.
2. Do not pick, rub or scratch the area. Do not use any irritating substances on the treated area (I.E., Retin-A, glycolic acids, alpha-hydroxyacids, hair removal products. Etc.) until the skin returns to normal.
3. Treat the area similar to sunburn. Apply Aloe Vera Gel or Aquaphor to keep skin cool and moist if you should experience any blistering or scabbing discontinue use of above moisturizers, apply Bacitracin Ointment and contact the office 216-514-8899.
4. Refrain from exposing the treated area to sunlight for at least 2 weeks following the treatment. Apply sunblock to the treated area with and SPF of at least 30 when sun exposure is unavoidable.
5. In 7 to 10 days, shedding of the hair will begin. At this time you may start exfoliating the treatment area.
6. The treated area should be ready for the next laser hair removal treatment in about 4-6 weeks.

Should you have any questions prior to or after your laser treatment, please give our office a call:

Beachwood office: 216.514.8899      or      Westlake office: 440.871.8899