



Beachwood Plastic Surgery & Medical Spa
3609 Park East Drive, Suite 206
Beachwood, OH 44122
(216)514-8899

Westlake Plastic Surgery & Medical Spa
226 Crocker Park Blvd., Suite 380
Westlake, OH 44145
(440)871-8899

What to Expect Before & After Exelo Laser

Medications: These will be called in to your pharmacy.

1. **Acyclovir 400mg.** Take 1 by mouth twice a day. Begin 3 days before the procedure and continue until gone. (14 tablets for seven days total)
2. **Keflex 500mg.** Take 1 by mouth 3 times a day. Begin the day of the procedure and continue until gone. (9 tablets for three days total)
3. **Vicodin 750mg (optional).** We will call in Vicodin for you to have for pain relief. If you take it prior to your procedure you **MUST** have a driver to drive you home. If you choose this option then take 1 by mouth when you get to our office (30 minutes before your procedure will start). We apply topical numbing for 30-45 minutes prior to the procedure so you do not need to take this medication until you arrive here. For post-procedure discomfort you can take 1 by mouth every 4 hours as needed. Everyone is different some patients take this medication and some do not. Reminder: you cannot drive when taking narcotics such as Vicodin. We will call in 6 tablets.

Day of the Procedure:

Please come to the procedure with a clean face and neck. Wear a shirt without a collar or turtleneck. We apply numbing cream prior to laser and Aquaphor to the area after the treatment, so wear comfortable clothes that you don't mind getting a bit messy.

If you choose to take a **Vicodin you must have someone present to drive you home.*

Aftercare:

1. You will need the following supplies:
 - a. **Aquaphor** –you can get over the counter at any pharmacy.
 - b. **White Vinegar** (to prepare a cooling wash*) *See Post Laser Wash Instruction Sheet.
 - c. **Dry Gauze Pads**
 - d. **Bottled Water 16 oz.**
2. Please use the **Aquaphor** and **Vinegar** wash 4-6 times a day for the first 2-3 days. Do not let the area dry out during this time. Apply additional Aquaphor as needed.
3. You will have an appointment 1-3 days after the procedure to check healing. Our medical aesthetician will advise if you need to continue Aquaphor or if you can switch to other gentle skin care products which we will provide.

Please call our office with any questions or concerns during your healing process.

Beachwood office: 216.514.8899 or Westlake office: 440.871.8899